



RACE WALK 1500M & 5000M

DATE **SATURDAY, MAY 18TH**

TIME 1500M Race Walk begins at 8:00 am Running Events at 9:00 am
5000M Race Walk approximately 12:00 pm *(following completion of running events)*
Power Walk is immediately after Race Walk
We advise athletes to choose ONE of Race Walk OR Power Walk
Evansville is CENTRAL TIME.

LOCATION Harrison High School
Romain Track & Field Stadium
211 Fielding Rd.
Evansville, IN 47715

GENERAL INFORMATION

The following age divisions will apply to both men and women for all individual, doubles and relay competitions: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; and 100+. Age divisions for competition will be determined by the age of the athlete as of December 31, 2019. No onsite registration is allowed.

PACKET PICKUP

All packets are located at the Host Hotel, Tropicana Evansville.

Tropicana Hotel Lower Level Meeting Room D
421 NW Riverside Dr, Evansville, IN 47708

Packet pickup available Thurs. May 16 – Tues May 21 8:00 am – 6:00 pm Central Time

Packets will also be available for pick-up at the Celebration of Athletes Dinner on Friday, May 17th at the Red Fez Restaurant.

RACE WALK

1500M & 5000M

QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners or athletes meeting this sport's NSGA minimum performance standards in competition at a 2018 NSGA qualifying games will qualify for the 2019 National Senior Games.
2. The minimum distance acceptable for qualifying will be 1500M.
3. The preferred 5K race walk at the State qualifier is on a road course but the State qualifier will have the option to use a track for the event. The National Senior Games 5K race walk event will be held on a road course.
4. If a track is used for the 5K, it is referred as a 5000M.

ENTRY REGULATIONS

1. Athletes qualified in either the 1500M or the 5K race walk may compete in both events.

MEDALS

Medals are given to 1st (Gold), 2nd (Silver), 3rd (Bronze) in each age group. The Indiana State Games allows and encourages athletes from out of state to participate. The definition of an athlete's state of residence is that state in which the person resides for at least six months out of the year.

Equipment:

Running/Walking equipment provided by athletes. Coordinator may inspect any equipment as needed.

Rules:

See NSGA rules that apply.

Coordinator:

Coordinator will be responsible for all event issues that arise. Coordinator will record scores on result sheets and award medals. Coordinator may inspect equipment if necessary.

QUESTIONS

Contact IndianaStateGames@gmail.com or call 812-297-9568 text or please leave a message.