



TRACK & FIELD

Running Events: 50M, 100M, 200M, 400M, 800M, 1500M

Field Events: Discus, Shot Put, High Jump, Long Jump, Triple Jump, Pole Vault and Javelin

DATE & TIME	Friday, May 16, 2019	Javelin	1:00 PM
	Saturday, May 17, 2019	Running Events	9:00 AM
	Saturday, May 17, 2019	Field Events	11:00 AM

Central Time Zone

Indiana State Games currently does not host the Hammer Throw, sorry for the inconvenience.

Friday, May 17th

Javelin 1:00 pm University of Evansville
Practice Soccer Fields

Saturday, May 18th

Race Walk	<input type="checkbox"/> 1500 M	8:00 am	CASTLE SOUTH MIDDLE SCHOOL
Power Walking	<input type="checkbox"/> 1500 M	8:30 am	
Track & Field	9:00 am Running Events	11:00 am Field Event	

- 50M Run 800M Run Long Jump Discus
- 100M Run 1500M Run Triple Jump Shot Put
- 200M Run 5000M Race Walk Pole Vault High Jump
- 400M Run 5000M Power Walk Javelin- FRI, MAY 17th 1:00

**VENUE CHANGE
FOR TRACK & FIELD

CASTLE SOUTH
MIDDLE SCHOOL**

LOCATION **NEW LOCATION**
[CASTLE SOUTH MIDDLE SCHOOL](#)
 3711 Casey Rd, Newburgh, IN 47630

REGISTRATION There is a \$5 add on fee at time of registration for this event.

GENERAL INFORMATION

The following age divisions will apply to both men and women for all individual, doubles and relay competitions: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; and 100+. Age divisions for competition will be determined by the age of the athlete as of December 31, 2019. Individual athletes may not use their performances at a qualifying event to qualify for a higher age bracket using the minimum performance standards of the higher age bracket. No onsite registration is allowed.

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QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners or athletes meeting this sport's NSGA minimum performance standards in competition at a 2018 NSGA qualifying games will qualify for the 2019 National Senior Games.
2. All athletes who compete in hammer throw at a 2018 NSGA qualifying games will qualify for the 2019 National Senior Games.
3. Athletes who reside in a state that does not offer the hammer throw and pole vault may qualify for those events by meeting the "limited" event qualifying criteria in Rule D.
4. Athletes that qualify for and compete in the 50,100, 200, 400 or 800 meter events at the 2019 National Senior Games will be eligible to compete in the 4x100-meter relay. Athletes cannot qualify to compete in the relay event except in this manner.

ENTRY REGULATIONS

1. The Local Organizing Committee shall provide certified implements for all events and age groups. In addition, athletes shall be permitted to use their own implements, provided they have been certified by the Track & Field Committee. Athletes who wish to use their own implements shall agree to all certification procedures including but not limited to marking, impounding, etc. Athletes must provide their own vaulting poles.
2. Shoes must comply with USATF Rule 143, 3(a) – (f).
3. Registration for the relay event will take place at the track venue. Age division of relay teams will be based on the age of the youngest team member as of December 31, 2019.

PACKET PICKUP

All packets are located at the Host Hotel, Tropicana Evansville.

Tropicana Hotel Lower Level Meeting Room D

421 NW Riverside Dr, Evansville, IN 47708

Packet pickup available Thurs. May 16 – Tues May 21 8:00 am – 6:00 pm Central Time

Packets will also be available for pick-up at the

Celebration of Athletes Dinner on Friday, May 17th at the Red Fez Restaurant.

PACKETS WILL NOT BE AT TRACK & FIELD EVENT, SORRY FOR ANY INCONVENIENCE.

MEDALS

Medals are given to 1st (Gold), 2nd (Silver), 3rd (Bronze) in each age group. The Indiana State Games allows and encourages athletes from out of state to participate. The definition of an athlete's state of residence is that state in which the person resides for at least six months out of the year. Medals will be awarded to both in state and out of state athletes.

RULES

See NSGA rules that apply.

QUESTIONS

Contact IndianaStateGames@gmail.com or call 812-297-9568 text or please leave a message.